

WIN THE DAY!

.....
"Success is nothing more than a few simple disciplines, practiced every day." -Jim Rohn

DATE: _____



1. What are the 2 most important things I need to do today?

1. _____ (2 Points)

2. _____ (2 Points)



2. What are 3 secondary goals for today?

1. _____ (1 Point)

2. _____ (1 Point)

3. _____ (1 Point)



3. Routines: If I don't do these items I will **LOSE** the day!

1. _____ (1 Point)

2. _____ (1 Point)

.....
 I LOST THE DAY! 0 - 5 POINTS

I WON THE DAY! 6 - 8 POINTS

I CRUSHED THE DAY! 9 POINTS!

Total: _____

38 Points: WIN the Week

50 Points: CRUSH the Week!

"The difference in winning and losing is most often... not quitting." -Walt Disney